West Ilsley News

www.westilsley.org

EDITORS

Andrea Cook Liz Dray
Clock Cottage The Malthouse
281224 281688
westilsleynews@msn.com lizdray@btinternet.com
Deadline for the next publication is:

5pm on Thursday 26th November

DIARY	
NOVEMBER	
5 th	Bonfire night
7 th	Harrow 10 th Anniversary party
8th	Remembrance Sunday
10 th	Mobile library calls
19 th	Harrow coffee and cake morning
25 th	Harrow quiz night
26 th	Harrow Ladies evening
26 th	WIN Christmas greetings deadline 5 pm
27 th	Evergreens bingo - Compton
28 th	Evergreens bazaar
DECEMBER	
11 th	Evergreens bingo – West Ilsley
13 th	All Saints Carol Service

COMPTON VILLAGE HALL
FAMILY PRIZE BINGO
FRIDAY 27th NOVEMBER
Doors Open 7:00
Eyes Down 7:30
TERRIFIC PRIZES and RAFFLE
Refreshments Available

THE ILSLEY EVERGREENS

Our next outing is due to take place on Tuesday, 27th October, when we travel to the beautiful city of Salisbury. This date conflicts with the copy date for the next issue of WIN, so more about that trip in the November issue.

The remaining coach outing for 2015 is as follows:-Thursday, 19th November-Winchester-9am – 4pm Any non-member, wishing to join us on this trip, is very

November 2015

welcome. Please check with Mrs. Julia Rockall on 281597 if spare seats are available.

Several members have expressed their interest in going to see the Musical "Annie" at the New Theatre, Oxford on Wednesday, 16th December. Tony Elliott had been able to make a provisional booking for 20 seats for the 2.30pm. Matinee Performance. Transport arrangements are in hand.

Our Christmas Lunch will be held on Saturday, 12th December at the Windmill Carvery, Burford, Menus are being distributed to members on the October trip to enable them to make their choice of meals. Cost to members has been confirmed as being £20.00. per head. There will be no charge for the coach. West Ilsley members can also contact Julia Rockall on 281597.

Our Annual Christmas Bazaar takes place on Saturday, 28th November in West IIsley Village Hall. Contributions are required for the various stalls and for the Tombola. Tables are available for hire at the Fair at a cost of £5.00 per table.

Jim Hughes Secretary Tel. 01235 834487

West IIsley Village Hall Committee Bonfire Night Fireworks

(kindly donated by WI Trust, WI Fete, Mick Channon & The Harrow)



LOCATION

Please gather in the Recreation Field

All villagers and their friends and families welcome to join us for a fun evening on

Thursday 5th November

BBQ from 6.15pm Fireworks at 7pm

BBQ (Hot Dogs and Burgers) and Refreshments available for sale from 6.15pm

WORLD MENTAL HEALTH DAY

Firstly, a huge thank you to all of you who led activities, provided locations, got tea sorted, baked, help me with preparation for the day and of course, thanks to all the villagers who came and enjoyed the variety of activities on Saturday. I think everyone had a good time and it highlighted not only mental wellbeing but I heard a few conversations going on about villagers' personal experience of mental health, whether family members, themselves or friends affected. So that's a good job done as far as I'm concerned. We raised approx £324 to kick start the garden project and overhaul at the Winchester Mother and Baby Unit which is great. More to follow on that in the next WIN!

So just as a reminder the five ways to wellbeing are.....

Connect...

- ✓ With the people around you. With family, friends, colleagues and
- ✓ neighbours. At home, work, school or in your local community. Think of
- ✓ these as the cornerstones of your life and invest time in developing
- ✓ them. Building these connections will support and enrich you every day.

Be active...

- ✓ Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance.
- Exercising makes you feel good. Most importantly, discover a physical
- activity you enjoy and that suits your level of mobility and fitness.

Take notice...

- Be curious. Catch sight of the beautiful. Remark on the unusual. Notice
- ✓ the changing seasons. Savour the moment, whether you are walking to
- ✓ work, eating lunch or talking to friends. Be aware of the world around
- ✓ you and what you are feeling. Reflecting on your experiences will help
- ✓ you appreciate what matters to you.

Keep learning...

- ✓ Try something new. Rediscover an old interest. Sign up for that course.
- ✓ Take on a different responsibility at work. Fix a bike. Learn to play an
- ✓ instrument or how to cook your favourite food. Set a challenge you will
- enjoy achieving. Learning new things will make you more confident as
- ✓ well as being fun.

Give...

- Do something nice for a friend, or a stranger. Thank someone. Smile.
- Volunteer your time. Join a community group. Look out, as well as in.
- ✓ Seeing yourself, and your happiness, linked to the wider community
- ✓ can be incredibly rewarding and creates connections with the people
- ✓ around you.

West Ilsley is truly a special place to live and I like to think we all do some or all of this daily or weekly in our community. Thanks again for all your support. Best wishes Angela

MALTHOUSE WELL

The Malthouse well readings have fallen steadily over the summer and it now stands at 19.08 metres below ground level. This is the lowest it's been since May 2012. The effective rainfall in September and October has been relatively low and so the well reading should continue to drop into November.



NATURE NOTES

10th October The day of Angela's WAYS TO WELLBEING ACTIVITIES (to celebrate World Mental Health Day)

The Hedgerow Walk took place on the short distance from Calendar House to the foot of the summer gallops and took an hour and fifteen minutes, with lots of things to see and talk about.

A highlight was the Robin's Pincushion. We were

looking at the bright orange hips of a dog rose when we noticed several of these strange "growths" on the stem of the rose. So what's a Robin's Pincushion? A tiny (4mm) female wasp lays her eggs on the new shoots of the rose and the plant reacts by producing a gall. The gall is the plants



reaction to something alien, probably chemical. A swelling appears on the stem covered in long, red, hairy filaments. Within the swelling there are up to forty chambers, each containing a wasp grub which overwinter inside, feeding on the plant tissue which continues to grow and provide a source of food. They emerge in spring as adult wasps to lay their eggs and start the process all over again. The name Robin's Pincushion comes from its appearance. The

pincushion, the little velvet cushion embroiderers kept their pins and needles in. The term Robin refers, not to the bird, but to Robin Goodfellow, a mischievous sprite of folklore. He appears in Shakespeare's Midsummer Nights Dream under his alternative name of Puck.

Arriving at the foot of the gallops we realised that, although we had seen a number of autumnal fruits and berries, we had not seen a sloe, this shortfall was compensated for by the appearance of a hip flask and a



tot of Sloe gin, 2007 vintage. Whilst sipping our gin one of the party spotted some large fungi, Shaggy Parasol Mushrooms, fitting end to an autumn walk. Perdix

WEST ILSLEY VILLAGE HALL CHRISTMAS BINGO FRIDAY 11th DECEMBER Doors Open 7.00 Eyes Down 7.30 **WONDERFUL PRIZES GRAND RAFFLE** See You There!

TURKEY & TINSEL at Aldworth

Aldworth's "Turkey & Tinsel Bazaar" will be held in St Mary's Church on Saturday 21st November from 9.30 to 12 noon. Enjoy FREE Turkey Tastings and Mulled Wine!

Charity stalls include handmade children's clothes & gifts in aid of The Alexander Devine Children's Hospice, now being built in East Berkshire, and the R.N.L.I. stall's Christmas cards and gifts.

Father Christmas hopes to visit at 11 a.m. and say hello, with a bag of sweets for children! There will also be fresh produce, foods, preserves and Christmas plants/wreathes etc., as well as refreshments. The weekly Saturday Market hopes to move into

Aldworth's NEW village hall by December.

Details: 01635 578090 or 579344

ALL SAINTS WEST ILSLEY

November Services at All Saints' Church

1st Family Communion 9.30am 8^{th} Remembrance Day Service 10.55am 15th *No service in West IIsley See below 22_d^n Family Service 11.00am

29th *No service in West IIsley See below *Please see the lvch gate notice board for details of other services in the benefice or go online at www.eastdownland.org.uk

Harvest Festival

The church was beautifully decorated, as always, and enjoyed by all who came to All Saints' Harvest Festival recently. The fruit and vegetables, together with the assortment of harvest fare brought up to the altar during the service, were taken afterwards to Willows Edge

Nursing Home in Newbury, where they were greatly appreciated. Many thanks to everyone involved.

Harvest Lunch

Thank you to everyone who contributed to yet another enjoyable Harvest Lunch, held in the Village Hall after our Harvest Festival. We feasted on cottage pies, fruit crumbles and cheeses, all produced by a number of very kind folk. This scrumptious meal was followed by a raffle and conker competition and lots of chat over a glass or two of wine - a most enjoyable way to spend a Sunday afternoon!

"Spring" Clean - Saturday 31st October

If you have a little time to spare, please join us from 10.00am to tidy up the churchyard for the Remembrance Day service. Help with the church cleaning would also be appreciated. Please bring rakes, secateurs, dusters, polish, etc.

Service of Remembrance Souls' **Thanksgiving**

A service of Remembrance and Thanksgiving will be held on Sunday 1st November at 4pm in St James', Leckhampstead, for everyone in the Downland area, but especially for those who have recently lost a loved

Remembrance Sunday – 8th November

This year the service in All Saints at 10.55am will be attended by the Royal British Legion and will be preceded by a procession through the village, starting outside the Harrow around 10.30am. We hope you will join us in remembering and giving thanks for those who have died in action for us over the years. As always, the collection will go to the Royal British Legion.

United Benefice Communion and Café Church in

Café Church continues on Sunday 15th November at 11am in St Mary's Church Chieveley, after the United Benefice Communion Service at 9.30am. Coffee and cake at 10.45am! Everyone is welcome to both services.

Downland Advent Carol Service – 29th November

This lovely Carol Service which starts the run up to Christmas is held this year at St Mary's Church, Chieveley on Sunday 29th November at 6pm.

Date for your Diary

West Ilsley Carol Service - Sunday 13th December at 6pm -put the date in your diary now and join us for lively Carol singing and Christmas readings, followed by mulled wine and mince pies!

Contacts

If you have anyone or anything specific you would like mentioned in church prayers at services throughout the year, do speak to either Ian (281625) or Alexandra (281306). To receive by email a copy of the weekly pew sheet, which contains readings, prayers and notices about church events in the benefice, please contact eastdownland@btinternet.com

If you would like to organise a baptism, wedding or funeral or would like to talk to a member of the clergy for any other reason, email Revd John Toogood at edownlandrector@gmail.com or leave a message on 01635 247566.

Kay and Ian Fewtrell-Smith

CHRISTMAS GREETINGS



Just think - you could save all that writing, paper (rainforests) and delivering of Christmas cards around the village, and save your chums all the hassle of moving loads of cards to

dust..... All it takes is an email or note and some cash in an envelope though one door and the job is done! Send Christmas greetings to friends and neighbours in the village via the WIN and donate a sum towards Church Funds rather than sending cards - let me have a note of what you want to appear and your donation any time from now up until 5 pm on 26th November and it will appear in the December edition. Last year we raised £520 - our best ever year - unsurprisingly, I'm asking again "can we do much better this year?" perhaps time to add a little inflation to your contribution and for a few more households to decide to make their lives easier?

Andrea Cook 281224 westilsleynews@msn.com

WHAT'S ON AT THE HARROW

BONFIRE NIGHT

Remember, remember the 5th ofThursday November 5th November

If you don't fancy braving the cold come and watch the fireworks from the comfort of the pub with a glass of mulled wine



10 YEAR ANNIVERSARY PARTY

Saturday 7th November

7pm till late

DJ. dancing, bubbles and nibbles

Come & join us & raise a glass or 3 to toast our 10 year anniversary in this fabulous village.

COFFEE & CAKE MORNING



Thursday 19th November 10:30am till 12

Pop down for a slice of homemade cake and a chat with friends.

Money raised from cake sales will be donated to Marie Curie. We raised £35

last month which we donated to the Air Ambulance, a you thank to all who came along. big

QUIZ NIGHT

Wednesday 25th November 8pm £3 each to enter, raising money for The Air Ambulance





LADIES EVENING

Thursday 26th November 7pm

Complimentary glass of bubbles canapés

"Life's Little Luxuries" will be here selling some lovely handbags & purses, perfect

for Christmas presents or just to treat yourself!!

MOBILE LIBRARY

Stops at fir Tree Paddock 2.15 - 2.35 on the following Tuesdays:

November 10th

December 1st and 22nd

January 12th

February 2nd and 23rd

March 15th

TO ALL WEST ILSLEY VILLAGERS

West Ilsley Parish Council will have, with effect from the next meeting on 9 November 2015, 3 vacancies due to the resignations of current councillors. The Parish Council is accordingly looking to co-opt members of the village to participate in the Parish Council until the next round of elections.

If you would like to contribute to the wellbeing of the village and wish to volunteer to take part, please let me know by email westilsleypc@gmail.com or phone 01635 280501 or just come to our next meeting which will take place in the Village Hall on 9 November at 7:30 pm.

Inna Fowler West Ilsley Parish Council Clerk

PARISH COUNCIL

Read the latest Parish Council Minutes and hear how village matters are being addressed. Visit our village website at www.westilsley.org - all the latest minutes from our meetings are available under the "Parish Council" tab.

PARISH COUNCIL MEETINGS 2015 Nov 9th.

DEFIBRILLATOR CODE: C159

WHO TO CONTACT

VILLAGE HALL

Ros Duckworth-Bookings-281471 rosduckworth@btinternet.com Rates: £10.00/hr Villagers £12/hr Non Villagers

PRESCRIPTIONS

Prescriptions are delivered from Compton on Tuesdays mornings at 8.30. Please collect yours from 2 Morland Close on Tuesday,

Wednesday or

Thursday evening between 6.00 and 7.30.

Repeat forms can be posted through the letter box anytime before Monday evening for the following week's delivery. Thank you for your co-operation in keeping to the times listed. Tony Elliott

PATIENT REPRESENTATION GROUP

 $\textbf{Fred Carter} \quad \text{fred_kathcarter@btinternet.com} \ .$

CHURCHWARDENS

Alexandra Axtell 281306 Ian Fewtrell-Smith 281625

TENNIS COURT

Membership: Please email tennis.bookings@westilsley.org Play without joining - book and pay via

westilsleytennis.jezzam.com or the link on westilsley.org

PARISH COUNCIL

280501 Inna Fowler - westilsleypc@gmail.com Mobile: 07778093931

Dries Hagen - dries.hagen@circlepartnership.co.uk 281855 Sean Ryan - Sean.ryan@sunday-times.co.uk 281336 Jo Scriven - Jo.clifton@tynan-darcy.com 281405 Alan Bloor - Alanpeter.bloor@virgin.net 281341 John Mountford - jgmountford@btinternet.com 281703 Rollo Duckworth - rolloduckworth@btinternet.com 281471 Alan Beaumont - alan.beaumont@aae-llp.com 07980 875179 Anna Sugden - annasugden@btconnect.com 281784 Roger Stowell

Window cleaning

gutter clearance and general odd jobs

Telephone 07910634186

roger.stowell@ntlworld.com

KJF House Maintenance For all your house maintenance requirements

Plastering Electrical Work Carpentry Block Paving Fencing Decking and Patios Painting and Decorating

For a local friendly service at a competitive price contact Keith: 01635247387 or 07747866046 kjfhouse@hotmail.co.uk



SUNNY-FACES. COM / MOB 07776 307293

SUNNY.WONTAGUE@STINTERNET.COM

PACE PAINTING PARTY PLANNING PACE PAINTING ACADEMY

Remedial body Therapy

Rachel uses a combination of Remedial sports massage and Mctimoney chiropractic to loosen and mobilise problem areas. The treatment aims to encourage symmetry, correct imbalances and alleviate discomfort. The treatment is suitable for anybody, especially those in discomfort. Also those who want to know more about how their muscles and skeleton are working, and sports people who want to become more symmetrical. For enquires and to arrange to see Rachel phone 07879475557.

www.rachelchandlerchiropractic.com

Domestic Electrical Installation

Building regulation Part P Compliant installation/inspection/testing/fault finding and certification

Portable Appliance Testing @ 110/240 VAC Contact Keith Pentecost

ELECSA & ECA, approved electrical installer

Tel: 01635-281389 (East Ilsley)

Mobile: 07985-797333 www.klp-electrical.co.uk Not VAT registered

www.electricalsafetyregister.com

PESTCO

MOLES RATS WASPS MICE COCKROACHES BIRDS FLIES FOXES SQUIRRELS ANTS

residential, agricultural and commercial work

Robert Edwards www.pestco.biz Mobile 07796615818 01488 670028 pestco@hotmail.co.uk







L H GOODWIN PROFESSIONAL PAINTING AND DECORATING

we specialise in customer satisfaction and quality, covering: interior/exterior, wallpapering, domestic & commercial, refurbishment work, insurance work and much more besides I have 25 years experience. We are a friendly reliable service, fully insured and work is guaranteed Discounts to OAPs, very competitive rates, free advice email service for those doing it themselves

Leigh Goodwin 82 Norris Close Abingdon Oxon OX14 2RW email:.thegoodys@hotmail.co.uk

Tel:07789873483 www.lhgoodwin.co.uk



Traditional & Five Element Acupuncture in East IIslev

Can acupuncture help you? View my website or contact me for a complimentary 20 minute consultation

Traditional Acupuncturist BSc (Hons) Lic Ac Dip Tu

Web: www.kimchild.co.uk Call: 07563 537872 Email: kimchild@me.com



New Service in your area!



Garden machinery spares, repairs & servicing. Offering a friendly, efficient & reliable service.

- Free quotations
- * Hedge Cutters
- · Collection and delivery available
- * Strimmers
- * Onad Bikes
- Rotary Mower Servicing from £59
- * Chain saws
- * Gators
- All makes & models undertaken
- * Rotorvators * Lawn Mowers

Call: 07786 626495 / 01488 71939 or Email: info@4cfs.co.uk

www.4cfs.co.uk

AAA TAXIS

07768 757 183

SERVING LOCAL VILLAGES NORTH OF NEWBURY

- · GENERAL TAXI WORK & airports, docks, trains
- Debit, credit cards & accounts welcome
- Taxi share scheme welcome. Wheelchair Friendly
- Collections and deliveries
- · CALL OR TEXT FOR A QUOTE





